BOOKLIST

Section 1  Compulsory Texts
Section 2  E- Learning

Text Books can be purchased from the
Nature Care Library.

Located on Level 3
178 Pacific Highway, St Leonards

This list of compulsory texts is published on the Nature Care College website “Booklist”

http://www.naturecare.com.au

Select: Student Centre
Student Forms
Under General Forms find:
Booklist

Or find it in the Administration Resources listed on the left hand column of your home page on Moodle.

The compulsory texts and recommended readings are listed on the individual Unit of Study Outlines which can be viewed on individual Moodle Courses.

NOTE: If your unit of study is not listed in this document, there is no set/compulsory textbook for the unit.

Price guide:
The prices are recommended retail, students then receive 10% discount off RRP on most compulsory texts
Section 1
Compulsory Text Books by Unit of Study  A-Z

A...

ADVANCED AROMATHERAPY

ADVANCED COACHING SKILLS AND TOOLS

ANATOMY & PHYSIOLOGY BODY STUCTURES/BODY SYSTEMS/1C


ANATOMY & PHYSIOLOGY 2A/2B/2C


AROMATHERAPY ESSENTIALS

ASTROLOGY 1
Parampara, Porteous C. 2000. Star Lore - A Beginner's Guide to Astrology. Self published. - This can be purchased from directly from trainer

AYURVEDIC MEDICINE – AN INTRODUCTION
The art of balanced living - the right diet and lifestyle for your body-type, Dr. Shaun Matthews, Finch Publishing, Sydney, 2016. - $29.95

Purchased directly from the trainer Shaun Matthews

B...

BACH FLOWER REMEDIES
Dr Edward Bach, 2005. The Essential Writings of Dr Edward Bach. Vermillion
These can be purchased from external suppliers on-line

**BASIC MARKETING FOR COACHES**
This can be purchased from external suppliers on-line 

**BIOMEDICAL SCIENCE**

**BOTANY**

**BUILDING YOUR COACHING SPECIALTY**
This can be purchased from external suppliers on-line

**BUSINESS SKILLS for HEALTH CARE PRACTITIONERS**

C...

**CLINICAL AROMATHERAPY**
Battaglia, S. 2004 *The Complete Guide to Aromatherapy, 2nd ed.* The Perfect Potion. $69.95

**CLINICAL PRACTICE 1 (HOMOEOPATHY)**
Schroyens Dr F. *Essential Synthesis*
Hahnemann S. *Organon of Medicine*. 5th & 6th ed. (Dudgeon & Boericke). B.jain publishers

*MIMS Companion*, 2006 onwards

These can be purchased online via Amazon.com, Bookdepository.com and/or [http://www.narayana-verlag.com](http://www.narayana-verlag.com)

**CLINICAL SPORTS THERAPY**

**COACHING PRESENCE**
This can be purchased from external suppliers on-line

**CREATING AWARENESS AND TRANSFORMATION**
This can be purchased from external suppliers on-line
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<tr>
<th><strong>FOOD FUNDAMENTALS</strong></th>
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<tr>
<td><strong>Murray M.</strong> The complete book of juicing.- Revised Three Rivers Press USA 2013</td>
<td>$24.95</td>
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<tr>
<td>Limited stock available or can be purchased from external suppliers on-line</td>
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<tr>
<td><strong>Stanton R.</strong> Foods that harm Foods That Heal: The best and worst choices to Treat Your Ailments Naturally, Reader’s Digest Australia Pty. Ltd 2012</td>
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<tr>
<td>This can be purchased from Readers Digest - Code 0415007</td>
<td>RRP $59.97 + Postage</td>
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<tr>
<th><strong>FOUNDATIONS OF HOMOEOPATHY A, B &amp; C</strong></th>
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<tr>
<td><strong>Boericke W.</strong> 1998 Pocket Manual of Materia Medica and repertory Boericke B Jain Publishers</td>
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<td>or</td>
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<tr>
<td><strong>Schroyens Dr F.</strong> Essential Synthesis</td>
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<tr>
<td><strong>Hahnemann. S.</strong> Organon of Medicine - 5 &amp; 6th ed. Translated by Dudgeon &amp; Boericke (B. Jain)</td>
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<td>These can be purchased online via Amazon.com, Bookdepository.com and/or <a href="http://www.narayana-verlag.com">http://www.narayana-verlag.com</a></td>
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<tr>
<th><strong>FOUNDATIONS OF NUTRITION A &amp; B</strong></th>
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<tr>
<td><strong>Ellie Whitney,</strong> Sharon Rady Rolfe, Tim Crowe, David Cameron:Smith, Adam Walsh. 2012-Understanding Nutrition: Australian and New Zealand edition. 3rd Ed., Cengage Learning.</td>
<td>$139.95</td>
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<tr>
<th><strong>HERBAL MEDICINE 1 A, B &amp; C – MATERIA MEDICA</strong></th>
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<td>This can be purchased from external suppliers on-line</td>
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<td><strong>Griggs, B.</strong> 1997. Green Pharmacy. Healing Arts Press. USA.</td>
<td>$42.95</td>
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<td>Limited stock available, can be purchased externally</td>
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<tr>
<th><strong>HERBAL MANUFACTURING</strong></th>
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<tr>
<td><strong>Adams J, Tan E.</strong> 2nd ed 2011. Herbal Manufacturing, How to make medicines from Plants</td>
<td>$33.50</td>
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<th><strong>HERBAL THERAPEUTICS 2</strong></th>
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<th><strong>HERBAL THERAPEUTICS – REPRO</strong></th>
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<tr>
<td><strong>Trickey, Ruth.</strong> Women, Hormones and the Menstrual Cycle, Trickey Enterprises (Victoria) Pty Ltd 2011. 3rd Edition</td>
<td>$130.00</td>
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| **HERBAL THERAPEUTICS 3** |  |
(2 Volume Pack) Churchill Livingstone $99.00

2013 2nd Edition $129.95

**HOMEOEPATHIC PRINCIPLES AND PRACTICE**
Schroyens, Dr F. *Essential Synthesis*

Hahnemann. S. *Organon of Medicine* - 5 & 6th ed. Translated by Dudgeon & Boericke (B. Jain)

Hahnemann, S. *‘Materia medica Pura’* (2 Vol's) (B. Jain -Indian publication)

Hahnemann, S. *‘The Chronic Diseases’* (2 Vol's) (B. Jain -Indian publication)

These can be purchased online via Amazon.com, Bookdepository.com and/or [http://www.narayana-verlag.com](http://www.narayana-verlag.com)

**HOMEOEPATHIC THERAPEUTICS**
Hahnemann S. *Organon of Medicine*. 5th and 6th Ed Translated by Dudgeon & Boericke (B. Jain)

Schroyens Dr F. *Essential Synthesis*

Compton-Burnett J. *Curability of Tumours*.

These can be purchased online via Amazon.com, Bookdepository.com and/or [http://www.narayana-verlag.com](http://www.narayana-verlag.com)

I...

**INTRODUCTION TO NUTRITION**
Ellie Whitney, Sharon Rady Rolfes, Tim Crowe, David Cameron: Smith, Adam Walsh. 2012.

**INTRODUCTION TO COUNSELLING**
Geldard D, Geldard K. Basic Personal Counselling Pearson. (8th edition) $67.95

This can be purchased from external suppliers on-line

**IRIDOLOGY 1A**

Purchased directly from Lis Conlon


Iriscope – 10x Magnification $39.95

Can be purchased via the College Wellness Centre

External suppliers:
Iridology World
IRIDOLOGY 1B
Purchased directly from Lis Conlon

M...

MEDITATION 1 & 2
Monaghan and Viereck, Revised edition Meditation: The Complete Guide. New World Library. $26.95
Limited stock available

N...

NATUROPATHIC DIAGNOSIS
This can be purchased from external suppliers on-line

NUTRITIONAL THERAPEUTICS
$77.00
or can be purchased from external suppliers on-line

P...

PHARMACOGNOSY
$45.00
PHARMACOLOGY
Bryant, B., Knights, K. and Salerno E, 4th Edition. Pharmacology for Health Professionals. Sydney: Mosby. $135.00

PRINCIPLES OF NUTRIENTS
Higdon, J. 2011 or 2012. An evidence based approach to vitamins and minerals. Thieme International OR Updated online version available from: http://lpi.oregonstate.edu $90.00

R...

REMEDIAL MASSAGE 1
ISBN 9780443067235

REMEDIAL MASSAGE 2
ISBN 9780443067235

S...

THE SCIENCE OF ESSENTIAL OILS
Battaglia S. 2004 The Complete Guide to Aromatherapy 2nd ed (or later). The Perfect Potion $69.95

SPORTS NUTRITION

SUBTLE ANATOMY 2

This can be purchased from external suppliers on-line

SWEDISH MASSAGE

SYMPTOMATOLOGY, DIAGNOSIS & PATHOLOGY 1

SYMPTOMATOLOGY, DIAGNOSIS & PATHOLOGY 2
Lippincott,Philadelphia, USA. ISBN 9781608314898 $135.00

T...
THE COACHING RELATIONSHIP
This can be purchased from external suppliers on-line

COACHING IN PRACTICE 1 THE TRANSFORMATIONAL PROCESS
This can be purchased from external suppliers on-line

TRANSFORMATION IN THE WORKPLACE
This can be purchased from external suppliers on-line

TRANSPERSONAL COACHING IN PRACTICE
This can be purchased from external suppliers on-line

TRANSPERSONAL COACHING INTEGRATION
This can be purchased from external suppliers on-line
Section 2 – E-Learning

Nature Care College is On-Line

Moodle is an open source Learning Management System (LMS) designed to support e-learning. The word “Moodle” is an acronym for Modular Object Oriented Dynamic Learning Environment.

Pedagogy

Moodle supports active learning rather than just passive learning and improves student engagement by allowing students to be co-contributors and knowledge builders.

Moodle was chosen because of its ease of use, flexibility and adaptability to meet the needs of learning and teaching that are important for Nature Care College.

How will Moodle help me?

Moodle will give you a simple clear view of learning activities and resources and enable you to access information whenever you require. Through this portal you will be able to receive all your learning materials and resources, submit assignments, take quizzes and tests online, do activities and see all your grades. It will also provide you with an enriched on-line class room learning experience for both on campus and distance learning students.

There will be a forum, where you can communicate with your trainer and classmates on aspects of the course and material.

The Moodle portal will be accessed via the college website with each student using her/his email address as their log-in and password. Passwords can be changed/re-set on line.

What do I need to know before using Moodle?

As an NCC student you will need to have a Windows or Mac computer with access to the internet. Moodle works well with different operating systems, but the latest version of Windows or Mac OSX are recommended.

Use a broadband connection (256 Kbit/sec or faster) through USB wireless modem, ADSL, T1/T2, fibre optic or cable.

Dial-up access will be significantly slower, and we do not recommend it for using Moodle.

The recommended browsers are:

- Google Chrome 22 or later (recommended for optimal compatibility)

Note that add-ons and toolbars can affect any browser’s performance.

The following will need to be enabled

- Cookies
- Popups (in both internet browser and security software)
- Javascript
Also it is recommended that you are using the latest version of Adobe Flash Player and Adobe Acrobat Reader.

You need to have some basic web browsing and computer skills, including how to attach, upload and download a file.

It really does not take a great deal of skill or computer knowledge to use Moodle and we will supply you with an instruction manual and links to YouTube support media.

Since Moodle is an online learning management system you will need to be online to access the information. Of course there will be activities that you can do offline, so you will not be in front of the computer for the whole time.